

# Enrich your cat's life

Enrichment ideas for your cat.

1. Perches and things to climb on – cats like to get high!
2. Scratching posts – cats have to scratch.
3. Things to watch (a window, fish tank or animal shows on TV.)  
One of the main things cats do all day if given a choice is to look out the window.
4. Positive Training: Cats don't respond well to force, but do respond well to positive reinforcement.
5. Hiding spaces (a room, closet, cabinet or other space where the cat can get away from everyone for a while each day.)
6. At least 2 ft between litterbox and food/water.
7. Privacy for using litter box. Not all cats appreciate covered litterboxes so make sure that your cat has an area that is protected from other pets, loud noises (such as a dryer), and human traffic.
8. Clean cat box, especially if sharing with other cats. Many cats prefer that their litterbox is cleaned at least once daily.
9. Veterinary care delivered with kindness. Training your cat to accept and enjoy a cat carrier can go a long way in reducing the stress of visiting the veterinarian's office.
10. Resting places where they feel safe and won't be disturbed. (Up high, in a cubby hole, etc.)
11. Comfortable bedding in comfortable places.
12. A lot of cats enjoy cat nip products.
13. Toys to bat, chase and carry.
14. Kitty Kongs or other stuffed food items, see [Kong Stuffing Recipes](#)
15. An opportunity to hunt or work to receive food. Look online or in stores for cat feeding toys.
16. The ability to properly groom. This can be difficult for large or overweight cats. If your cat is having a hard time grooming themselves, help them out with regular, daily grooming in those hard to reach areas.
17. Interaction with humans including interactive play and affection.
18. Interaction with other animals if your cat enjoys them or no interactions with other animals if they dislike them.



## Additional Resources

For more information about training and behavior visit our site.

[www.sPCA.org/petuniversity](http://www.sPCA.org/petuniversity)

[PetU@sPCA.org](mailto:PetU@sPCA.org)

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**For more information visit our Cats section on the Pet Tips Library**

[Cats](#)