

Aging in Dogs

Is your dog slowing down? Is he getting on in years? Is he less frisky and rambunctious than he was several years ago? Dogs, like people, age too, and the SPCA of Texas offers these tips to help your aging canine:



- Put water bowls in many rooms in your house. Older dogs do drink less, but with water available everywhere, they are less likely to become dehydrated.
- For an arthritic dog, ask your vet about glucosamine capsules to improve mobility.
- If your older dog has continence problems, try using litter boxes or newspapers. Paper-train your old friend; old dogs can learn new tricks.
- Give your senior dog vitamins as rewards. These vitamins provide many important nutrients that your aging dog needs.
- Keep your dog fit by exercising him regularly. Even elderly dogs need to move around to stay healthy. Dogs that are regularly walked a minimum of 20 minutes a day are less likely to develop age-related disorders or digestive problems.
- Keep your dog's bed warm and cozy by using a warm water bottle.
- Install ramps to help your dog climb stairs, into the car or onto the bed.
- Love your dog as much as he loves you!